Hot meals include soup & salad of the day
Frozen meals include soup of the day
Check if you DO NOT want:

Soup: ☐ **Salad:** ☐

Tuesday Dec 1	# to order
Perogies Plate with Sausage and Spinach	
Loaded Mac & Cheese	
Bagged Lunch- Chicken Salad Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppy Seed Loaf	
Tiramisu Mousse Cake	
Vanilla Pudding	

Wednesday Dec 2	# to order
Haddock Dinner	
Honey Glazed Pineapple Ham Dinner	
Bagged Lunch- Chicken Salad Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppy Seed Loaf	
Tiramisu Mousse Cake	
Vanilla Pudding	

Thursday Dec 3	# to order
4 Cheeses Tortellini & Meat Sauce	
Pork Loin with Cranberry Glaze Dinner	
Bagged Lunch- Chicken Salad Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppy Seed Loaf	
Tiramisu Mousse Cake	
Vanilla Pudding	

FROZEN MEALS- Dec 3 delivery	# to order
Beef and Mushrooms Stroganoff with Egg Noodles	
Perogies Plate with Sausage and Spinach	
Cordon Bleu with Alfredo Noodles	
Sausage Rolls With Fried Rice	
Farmer's Breakfast (Sausage, Egg & Hash)	

Monday Dec 7	# to order
Cajun Shrimp with Ancient Grains & Veg	
Western Omelette With Sausage patty & veg	
Bagged Lunch- Turkey & Cheese Sandwich	
Sausage Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Jumbo Muffin	
Lemon Macaron Bar	
Coconut Pudding	

Tuesday Dec 8	# to order
Pork Souvlaki with vegetables & naan bread	
Sausage & Potato Skillet	
Bagged Lunch- Turkey & Cheese Sandwich	
Sausage Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Jumbo Muffin	
Lemon Macaron Bar	
Coconut Pudding	

Wednesday Dec 9	# to order
Sausage Rolls with brown rice & vegetables	
Butter Chicken Drumsticks with rice & naan	
Bagged Lunch- Turkey & Cheese Sandwich	
Sausage Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Jumbo Muffin	
Lemon Macaron Bar	
Coconut Pudding	

Thursday Dec 10	# to order
Spinach and Cheese Cannelloni with Alfredo Sauce & vegetables	
Beef Steak & Mushroom Pot Pie with vegetables	
Bagged Lunch- Turkey & Cheese Sandwich	
Sausage Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Jumbo Muffin	
Lemon Macaron Bar	
Coconut Pudding	

FROZEN MEALS- Dec 10 delivery	# to order
Loaded Mac & Cheese	
Haddock Fish Dinner with roasted root vegetables	
Honey Glazed Pineapple Ham Dinner	
4 cheese Tortellini with meat sauce	
Pork Loin with Cranberry Glaze Dinner	

Monday Dec 14	# to order
Cabbage rolls and Perogies with vegetables	
Mushroom Beef Stroganoff with noodles & veg	
Bagged Lunch- Tuna Salad Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppy Seed Loaf	
Mini Cinnamon Rolls	
Chocolate Pudding	

Tuesday Dec 15	# to order
Loaded Mac & Cheese with vegetables	
Farmer's Breakfast (Saus, Egg, Hash)	
Bagged Lunch- Tuna Salad Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppy Seed Loaf	
Mini Cinnamon Rolls	
Chocolate Pudding	

Wednesday Dec 16	# to order
Cordon Bleu with Rose Fettuccine & veg	
Spinach & Feta Quiche w/ Scalloped Potatoes & vegetables	
Bagged Lunch- Tuna Salad Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppy Seed Loaf	
Mini Cinnamon Rolls	
Chocolate Pudding	

Thursday Dec 17	# to order
Turkey Pot Pie with mashed potatoes & veg	
Lasagna and vegetables with Garlic Toast	
Bagged Lunch- Tuna Salad Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppy Seed Loaf	
Mini Cinnamon Rolls	
Chocolate Pudding	

FROZEN MEALS- Dec 17 delivery	# to order
Western Omelette With Sausage Patty	
Sausage & Potato Skillet	
Butter Chicken Drumsticks with rice & naan bread	
Spinach and Cheese Cannelloni with Alfredo Sauce	
Beef Steak & Mushroom Pot Pie	

Monday Dec 21	# to order
Spaghetti & Meatballs w/ Garlic Toast	
Sausage Rolls with Fried Brown Rice	
Bagged Lunch- Egg Salad Sandwich	
Sausage Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Jumbo Muffin	
Ginger Caramel Cake	
Butterscotch Pudding	

Tuesday Dec 22	# to order
Ground Beef Mediterranean Casserole	
Alfredo Shrimp Pasta & Vegetables	
Bagged Lunch- Egg Salad Sandwich	
Sausage Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Jumbo Muffin	
Ginger Caramel Cake	
Butterscotch Pudding	

Wednesday Dec 23	# to order
Tilapia with Cilantro Brown Rice & Veg	
Chicken Teriyaki with Spring Roll	
Bagged Lunch- Egg Salad Sandwich	
Sausage Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Jumbo Muffin	
Ginger Caramel Cake	
Butterscotch Pudding	

Thursday Dec 24	# to order
Turkey Dinner	
Honey Glazed Pineapple Ham Dinner	
Bagged Lunch- Egg Salad Sandwich	
Sausage Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Jumbo Muffin	
Ginger Caramel Cake	
Butterscotch Pudding	

FROZEN MEALS- Dec 24 delivery	# to order
Cabbage rolls & Perogies	
Mushroom Beef Stroganoff with noodles	
Loaded Mac & Cheese	
Cordon Bleu with Alfredo Noodles	
Turkey Pot Pie	

Monday Dec 28	# to order
Perogies Plate with Sausage and Spinach	
Garlic Butter crusted Salmon & Ancient Grains	
Bagged Lunch- Salami Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppyseed Loaf	
Black Forest mini squares	
Banana Pudding	

Tuesday Dec 29	# to order
Butter Chicken Drumsticks with rice & naan	
4 cheese Tortellini with meat sauce	
Bagged Lunch- Salami Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppyseed Loaf	
Black Forest mini squares	
Banana Pudding	

Wednesday Dec 30	# to order
Beef Fajita Bowl	
Pork Souvlaki with Veg & Naan Bread	
Bagged Lunch- Salami Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppyseed Loaf	
Black Forest mini squares	
Banana Pudding	

Thursday Dec 31	# to order
Beef Steak & Mushroom Pot Pie	
Pork Loin with Cranberry Glaze Dinner	
Bagged Lunch- Salami Sandwich	
Bacon Breakfast Sandwich	
ADD ONS- must accompany a meal or sandwich	
Lemon Poppyseed Loaf	
Black Forest mini squares	
Banana Pudding	

FROZEN MEALS- Dec 31 delivery	# to order
Spaghetti & Meatballs with garlic toast	
Ground Beef Mediterranean Casserole	
Alfredo Shrimp Pasta	
Turkey Dinner	
Honey Glazed Pineapple Ham Dinner	