

If you are outside the Meals on Wheels delivery areas, you can try these alternative suppliers:

**Delivery:**

- Better Meals – frozen meals delivered Tuesdays -1-888-838-1888 or 604-299-1877 [www.bettermeals.com](http://www.bettermeals.com)
- Heart to Home 778-308-4351 or 1-888-331-3418 <https://www.hearttohomemeals.ca>
- Farm 2 Table- 19-45966 Yale Road. 604-889-9003
- Tydel Foods 45766 Patten Ave 604-316-6015
- Hot meal - delivery may be possible: Chris Ria Cuisine 778-987-1469 (Renata)

**Take and Bake options for pickup:**

- Bright Side Market - 6899 Evans Rd.
- 9th End in the Chilliwack Curling Rink - 778-860-3094
- Thyme to Enjoy - 604-798-2315 [www.thymetoenjoy.ca](http://www.thymetoenjoy.ca)
- Mary's Power Kitchen - <https://59694b-2.myshopify.com/>
- M&M Food Market stores

**At Home Services:**

- Just Like Family Home Care - [www.justlikefamily.ca](http://www.justlikefamily.ca) 604-991-7070
- Take a Chef - [www.takeachef.com/en-es](http://www.takeachef.com/en-es)
- Oncall Nursing Services - 236-522-2692 [www.oncallnursingservices.ca](http://www.oncallnursingservices.ca)