

The background of the lower two-thirds of the image is a collage of various dishes. In the center, there's a plate with a grilled steak, a small bowl of soup, and some vegetables. To the right, there's a plate with a large roasted vegetable and some broccoli. In the bottom left, there's a plate with a bowl of pasta topped with a round slice of meat. The dishes are arranged on a rustic wooden surface with some blueberries scattered around. The text 'Nutritious Meals Delivered to Your Home' is overlaid on the central part of the collage in a large, white, serif font.

Nutritious Meals Delivered to Your Home

604-316-4047

100-46187 YALE ROAD
MON-THURS 9AM - 1:00PM
comserv.bc.ca/meals-on-wheels/
mow@comserv.bc.ca



Meals on Wheels deliver fresh or frozen nutritious meals to recipients' homes.

The service is available to individuals who, because of age, illness or disability, cannot prepare adequate meals for themselves.

ABOUT THE SERVICE

\$9.25* per meal.

Enjoy a range of nutritionally balanced fresh and frozen meals to suit most tastes & dietary requirements.

Delivered right to your door, no contracts or delivery charges.

Suitable for long or short term help.

Direct billing to Veterans Affairs Canada available.

INTERESTED IN PARTICIPATING?

To arrange for meal delivery or to volunteer call 604-316-4047 or email mow@comserv.bc.ca



*Prices subject to change | Revised 06/20/24