



Tel: 604.793.7242

Meals On Wheels

9214 Mary Street
Monday to Thursday
9:00 am to 1:00 pm
"By Appointment Only"



**Chilliwack
Community
Services**

SHARE • GROW • BELONG

Meals on Wheels

Meals on Wheels deliver fresh or frozen nutritious meals to recipients' homes. The service is available to individuals who, because of age, illness or disability, cannot prepare adequate meals for themselves.

About the Service:

- Meals are delivered in Chilliwack and Sardis Monday - Thursday
- Meals are delivered by volunteers between 11:00 a.m. and 1:00 p.m.
- Fresh and frozen meals are available
- No deliveries are made on Fridays, weekends or statutory holidays
- Pre-paid cost per meal applied

To Volunteer:

- Volunteers are needed to deliver meals between 11:00 AM and 1:00 PM, Monday through Thursday.
- Fill out an application which includes the names of two references
- Successfully complete a criminal record check
- Participate in an interview and orientation
- Drivers must hold a valid driver's license and appropriate vehicle insurance

**To arrange for meal delivery
or to volunteer,
call 604.793.7242**