

# **Chilliwack Social Prescription**

9214 Mary Street Office Hours: 9 am to 3:30 pm Mon - Thurs





Chilliwack Community Services

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#### **Chilliwack Community Services**

## **Social Prescription**

**Social Prescribing** is a way which individuals who are utilizing the emergency room or consulting their General Practitioner (or other healthcare professionals) for issues generally considered to be social issues, to receive non-medical supports in the community.

This supports individuals in the areas of physical activity, nutrition, and social engagement as a way of taking control of their own health and enabling them to engage in and contribute to their community.

### **Eligibility:**

- Experiencing poor health (physically and emotionally
- \* Marginalized
- \* Socially vulnerable
- \* Making frequent trips to ER or primary care

# Get a doctor referral... Get your social prescription today!

#### A Community Partnership





Social Prescription is funded by the Government of British Columbia.

More details about the program can be found at: www.comserv.bc.ca/seniors, or by emailing reshidl@comserv.bc.ca.