

# Better Beginnings Calendar

46361 Yale Rd.



## January 2020

			'HEALTHY START' FAMILY PLACE DROP-IN 12:00–2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 CLOSED for Christmas Break	3	4
5	6	7	8	9 Circle of Security with Jen	10	11
12	13	14	15	16 Nutrition with Heather Anderson	17	18
19	20	21	22	23 Jade Karling – StoLo journaling for motherhood	24	25
26	27	28	29	30 Infant Development – Melissa B (cdc)	31	

**Please Note: We miss you when you're not here! Please call Lana at 604.701.4978 ext 6021 if you can't make it to class.**

Financial contribution from

**Canada**

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## February 2020

			'HEALTHY START' FAMILY PLACE DROP-IN 12:00-2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6 Childcare with Nicole Dean	7	8
9	10	11	12	13 Smoking/Canabis /Vaping in Pregnancy (Gurpreet Health Nurse)	14	15
16	17	18	19	20 Winifred Angus - Midwife	21	22
23	24	25	26	27 CLOSED for staff development	28	29

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## March 2020

			'HEALTHY START' FAMILY PLACE DROP-IN 12:00–2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12 Vaping	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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# April 2020

			'HEALTHY START' FAMILY PLACE DROP-IN 12:00–2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

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# May 2020

			'HEALTHY START' FAMILY PLACE DROP-IN 12:00–2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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# June 2020

			'HEALTHY START' FAMILY PLACE DROP-IN 12:00–2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

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## July 2020

			'HEALTHY START' FAMILY PLACE DROP-IN 12:00–2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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# August 2020

			‘HEALTHY START’ FAMILY PLACE DROP-IN 12:00–2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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# September 2020

				'HEALTHY START' FAMILY PLACE DROP-IN 12:00–2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30				

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## October 2020

			'HEALTHY START' FAMILY PLACE DROP-IN 12:00-2:00	ROOM 1012 9:30-10:30 OR 11-12		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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# November 2020

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

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## December 2020

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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